

Davidson County Youth Soccer Association
Guide for Participants (Coaches, Parents, and Spectators)
COVID-19 Pandemic-Fall 2020

Subject: Participants guidance if/when you experience illness during the COVID-19 pandemic.

Recommendations:

A. Immediately:

- 1) All participants should review this document. Know the plan to be prepared. Do not wait for an ill coach, player or spectator to be the first time to read this guidance.
- 2) Practice “social” distancing at all times. Parents/Spectators are to remain 10 feet back from the soccer field touchlines. Avoid visiting other fields and socializing at the fields and in the parking-lot. Wear mask at all times, this is required unless you have medical condition.

B. In the event a participant, as describe above, experiences flu-like or other illness symptoms please complete the following steps:

When (if) a parent/coach reports feeling ill:

- 1) The ill player/coach/spectator will remove themselves from the soccer field.
- 2) The ill player/coach/spectator will contact their community liaison. The community liaison will contact DCYSA President, Rick Cisneros.
- 3) Rick will determine the level of contact the player/coach/spectator has had with others over the past 7 days.
 - a. Player(s) / Coach(es) who have been in close contact (less than 6 ft.) will be instructed to self-monitor for symptoms and may be instructed by their community liaison or coach to self-quarantine for 14 days.
 - b. Player(s) / Coach(es) who have not been in close contact (less than 6 ft.) may be instructed to continue to attend practices and games as usual.
- 4) Player(s) will contact their coach **24hours before** attending the next scheduled practice/game. Coaches that have been sick will contact Rick Cisneros **24hours before** attending the next scheduled.
 - a. Effective August 25,2020 players/coaches/spectators who are experiencing flu-like symptoms, including fever with respiratory symptoms, will be asked to remain away from the field for 7 days and must be at least 72 hours fever-free prior to returning to practice or games.